

# DEPARTMENT OF PSYCHOLOGICAL SCIENCE AND HUMAN SERVICES

Psychological science provides the tools for a scientific analysis of human development, emotion, cognition, behavior, and psychopathology. Human services is an applied discipline focused on helping individuals and communities to solve problems, enhance their well-being, and improve their quality of life. The Department offers a major and a minor in psychology, as well as a major and minor in human services, and a minor in child and family studies.

## **Psychology Major**

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An undergraduate degree in psychology prepares the successful graduate for a variety of careers in health and human services, business and administration, public and community relations, marketing and retail, and more.

The program is also designed to help the highly successful student in the pursuit of graduate work, not only in psychology, but also in other disciplines, such as law, business, medicine, and social work.

Psychology core courses are PSYC 102, PSYC 190, PSYC 203, PSYC 261, PSYC 330, and PSYC 499. To further the aim of graduating only competent students, a psychology major is required to take these core courses and earn a grade of “C” or better in each. Therefore, if a student does not make a “C” or better on the first or second attempt of PSYC 102, PSYC 261, PSYC 330, or PSYC 499, that student will not be allowed to complete a degree with a major in psychology. It will be the responsibility of the student to change his/her major if these requirements are not met.

Students must have at least a 2.00 GPA in all psychology courses.

Any student expecting a recommendation from the psychology faculty with regard to graduate study in psychology must meet additional requirements, as follows:

- Most MS programs demand no less than an overall GPA of 3.0 and a 3.5 GPA in the major;
- Most Ph.D. programs demand no less than an overall GPA of 3.5 and a 3.75 in the major. Such programs also expect the student to have had PSYC 358: History and Systems of Psychology and research experience beyond normal requirements; and
- Most graduate programs expect candidates to have strong letters of recommendation from the psychology faculty and require candidates to submit GRE scores.

In concordance with the American Psychology Association’s guidelines (2012) for best practices in psychology majors, the undergraduate major in psychology is expected to:

1. Demonstrate Scientific Inquiry and Critical Thinking Skills
  - 1.1 Use scientific reasoning to interpret behavior
  - 1.2 Demonstrate psychology information literacy
  - 1.3 Engage in innovative and integrative thinking and problem solving
  - 1.4 Interpret, design, and conduct basic psychological research
2. Practice Ethical and Social Responsibility
  - 2.1 Apply ethical standards to evaluate psychological science and practice
  - 2.2 Promote values that build and enhance academic integrity
  - 2.3 Adopt values that build community at local, national, and global levels
3. Communicate Effectively
  - 3.1 Demonstrate effective writing
  - 3.2 Exhibit effective presentation skills
  - 3.3 Interact effectively with others
4. Engage in Professional Development
  - 4.1 Apply psychological content and skills to career goals
  - 4.2 Exhibit self-efficacy and self-regulation
  - 4.3 Develop meaningful professional direction for life after graduation

5. Demonstrate a Knowledge Base in Psychology
  - 5.1 Describe key concepts, principles, and overarching themes in psychology
  - 5.2 Develop a working knowledge of psychology's content domains
  - 5.3 Describe applications of psychology

### **Human Services Major**

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An undergraduate degree in human services prepares students for a career helping specific populations in the realm of social services in a role such as a case manager, counselor, or advocate within workplace settings such as a governmental agency, healthcare organization, or non-profit organization that provides human and social services.

The major combines the applied aspects of psychology and sociology and is designed to prepare students to work in settings such as group homes; correctional facilities; mental health facilities; family, child and youth service agencies; and programs related to alcoholism, drug abuse, domestic violence, and aging.

Students must have at least a 2.00 GPA in all major courses. This includes all courses with the HUS, PSYC, and SOCI designations, including electives and courses taken as part of General Education requirements.

### **Human Services Minor**

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Human services is an academic area related to employment as a case manager, counselor, or advocate within workplace settings, such as a governmental agency, healthcare organization, or non-profit organization that provides human and social services. These settings include group homes; correctional facilities; mental health facilities; family, child and youth service agencies; and programs related to alcoholism, drug abuse, domestic violence, and aging. This minor is open to all students, except for those majoring in Human Services.

Students majoring in either Psychology or Sociology are particularly encouraged to consider this minor as an area of study because of the many career opportunities that are linked to human services.

**NOTE:** SOCI 101 and PSYC 101 or PSYC 102 are prerequisites for many of the courses in the minor.

\* = SOCI 202 is a prerequisite for these courses.

The minor consists of 18 credit hours distributed as follows:

**Core Courses** (9 credit hours) 9

- HUS 201: Introduction to Human Services
- PSYC 203: Developmental Psychology
- PSYC 212: Interviewing and Counseling

**Electives** (a minimum of 9 credit hours from at least 2 disciplines) 9

- HUS 322: Marriage and Family Therapy
- HUS 337: Crisis Intervention and Prevention
- HUS 389: Special Populations
- PSYC 303: Psychology of Aging
- PSYC 311: Community Psychology
- PSYC 314: Psychology of Childhood
- PSYC 315: Adolescent Development
- PSYC 362: Health Psychology
- PSYC 371: Special Topics in Human Services
- PSYC 405: Death and Dying
- \*SOCI 314: Social Welfare Policies and Programs
- SOCI 315: Non-Profit Organizations
- \*SOCI 317: Social Work Intervention
- \*SOCI 321: Medical Sociology
- SOCI 322: Sociology of Mental Health
- SOCI 351: Sociology of Family
- SOCI 361: Sociology of Aging

Total Hours 18

## **Pre-Social Work Minor**

The objective of the pre-social work minor is to familiarize students with conditions in social environments that impact children, families, and communities. A major focus is to increase student's knowledge of the social service system, social welfare programs, and varying types of interventions social workers utilize to address these issues, as well as areas that address comprehensive solutions to society's major problems.

This minor does not prepare students for professional social work practice nor for state social work licensure. Course work in sociology, human services, and psychology offers good preparation for graduate study in social work. This minor is designed to optimally prepare students with the knowledge most relevant to their pursuit of graduate training in social work.

The minor consists of 18 credit hours distributed as follows:

### **Core Courses** (12 hrs.)

SW 311: Introduction to Social Work	3
SW 312: Human Behavior in the Social Environment	3
SW 314: Social Welfare Policies and Programs	3
SW 317: Social Work Intervention	3

### **Elective Courses** (a minimum of 6 hrs. from the following)

HUS 322: Marriage and Family Therapy	3
HUS 337: Crisis Intervention and Prevention	3
HUS 389: Special Populations	3
PSYC 389: Cultural Competence	3
SOCI 322: Sociology of Mental Health	3

**Total Hours** 18

### **Notes:**

Many courses in this minor have prerequisites, such as:

- PSYC 101: General Psychology or PSYC 102: Introduction to Psychology for Majors for the Psychology courses.
- SOCI 101: Introduction to Sociology for the Sociology courses, and
- HUS 201: Introduction to Human Services for Human Services courses.

A student must maintain an average of 2.00 or above in the courses taken for the pre-social work minor.

The minor is available to all students from across the University. For further information, contact the Department of Psychological Science and Human Services.

## **Psychology Minor**

A minor in psychology consists of 18 credit hours distributed as follows:

PSYC 101 or PSYC 102	3
<b>Electives:</b>	
PSYC Elective	3
PSYC Elective	3
PSYC Elective (300-Level or above)	3
PSYC Elective (300-Level or above)	3
PSYC Elective (300-Level or above)	3
<b>TOTAL</b>	<b>18</b>

Note: A student must take at least nine hours at the 300 level or above, earn no less than a "C" in PSYC 101 or PSYC 102, and maintain an average of 2.00 or above in the courses taken for the psychology minor.

(For further information, contact the Department of Psychological Science and Human Services.)

## **Child and Family Studies Minor**

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The objective of the child and family studies minor is to encompass the entire life cycle while examining childhood and family as a developmental process. A major focus is to facilitate an understanding of the entire developmental process through the dynamics of relationships within family units and through a cross-cultural analysis of the diversity of family systems.

The minor consists of 18 credit hours distributed as follows:

**Core Courses:** 9 credit hours

**PSYC 314: Psychology of Childhood	3
**PSYC 315: Adolescent Development	3
*SOCI 317: Social Work Intervention or SOCI 351: Sociology of Family	3

**Electives:** Minimum of 9 credit hours from at least two disciplines.

ECED 222: Young Child Growth and Development or SPED 223: PreK-12 Students with Diverse Learning Needs	3
HUS 322: Marriage and Family Therapy	3
PEES 325: Human Sexuality	3
PSYC 303: Psychology of Aging	3
PSYC 360: Psychology of Gender	3
PSYC 405: Death and Dying	3
PSYC 416: Childhood Psychopathology	3
SOCI 314: Social Welfare Policies and Programs	3
*SOCI 317: Social Work Intervention or SOCI 351: Sociology of Family	3
*SOCI 328: Sociology of Gender	3
SOCI 361: Sociology of Aging	3

TOTAL 18

**Note:** Many courses in the minor have prerequisites, such as PSYC 101 General Psychology or PSYC 102 Introduction to Psychology for Majors for the psychology courses and SOCI 101 Introduction to Sociology for the sociology courses.

A student must maintain an average of 2.00 or above in the courses taken for the Child and Family Studies minor. The minor is available to all students from across the University. For further information, contact the Department of Psychological Science and Human Services.

\* These courses have a prerequisite of SOCI 202: Social Problems.

\*\* These courses have a prerequisite of PSYC 203: Developmental Psychology

## 2024-2025 PROGRAM REQUIREMENTS

**DEGREE: BACHELOR OF SCIENCE**  
**MAJOR: HUMAN SERVICES**

Credit Hours

### GENERAL EDUCATION REQUIREMENTS

(For approved courses see General Education: [www.lander.edu/gen-ed](http://www.lander.edu/gen-ed).)

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|--|---|
| <b>A. Core Academic Skills</b> (9 hours)   | 3 |
| *ENGL 101: Writing and Inquiry I   | 3 |
| *ENGL 102: Writing and Inquiry II  | 3 |
| *MATH 211: Statistical Methods I   | 3 |
| <b>B. Humanities and Fine Arts</b>   | 6 |
| (6 hours selected from 2 different disciplines)  |   |
| <b>C. Behavioral and Social Perspectives</b>   | 3 |
| *SOCI 101: Introduction to Sociology   | 3 |
| *PSYC 101: General Psychology  | 3 |
| <i>If you already have credit for HIST 111, do not take HIST 111R; if you already have credit for HIST 112, do not take HIST 112R; if you already have credit for POLS 101, do not take POLS 101R.</i> |   |
| <b>D. Scientific and Mathematical Reasoning</b>  | 7 |
| (7 hours selected from 2 different disciplines, 1 lab science required)  |   |
| <b>E. Founding Documents of the United States</b>  | 3 |
| *POLS 101R: American National Government   |   |
| <i>If you already have credit for POLS 101, do not take POLS 101R.</i>   |   |
| <b>F. World Cultures</b>   | 3 |
| <b>G. LINK 101: Leadership, Involvement, Networking and Knowledge</b>  | 1 |
| LINK 101 is required of all new transfer students who have earned less than 24 credit hours of college-level work and all first-time freshmen.   |   |

**TOTAL GENERAL EDUCATION REQUIREMENTS** 35

If all of the General Education requirements are met and/or waived, and the credit hours do not add up to at least 30, the General Education requirements are not complete. If below 30, additional General Education courses from any category must be taken until the total hours add up to at least 30 hours.

### MAJOR PROGRAM CORE REQUIREMENTS

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|---|---|
| *HUS 201: Introduction to Human Services  | 3 |
| HUS 217: Drug and Alcohol Counseling or<br>HUS 235: Group Dynamics or<br>PSYC 212: Interviewing and Counseling        | 3 |
| HUS 322: Marriage and Family Therapy, HUS 337: Crisis Intervention<br>and Prevention, or HUS 389: Special Populations | 3 |
| *HUS 499: Senior Seminar  | 3 |
| PSYC 203: Developmental Psychology  | 3 |
| *SOCI 398: Methods of Social Research or<br>HUS 300: Program Evaluation   | 3 |

### MAJOR PROGRAM ADDITIONAL REQUIREMENTS

(9 total hours from at least 2 different disciplines from the following) 9

- POLS 318: Public Budgeting
- PSYC 303: Psychology of Aging

PSYC 311: Community Psychology  
 PSYC 312: Systems of Psychotherapy  
 PSYC 314: Psychology of Childhood  
 PSYC 315: Adolescent Development  
 PSYC 362: Health Psychology  
 PSYC 364: Psychology of Trauma  
 PSYC 405: Death and Dying  
 PSYC 416: Childhood Psychopathology  
 SOCI 314 or SW 314: Social Welfare Policies and Programs  
 SOCI 315: Non-Profit Organizations  
 SOCI 317 or SW 317: Social Work Intervention  
 SOCI 321: Medical Sociology  
 SOCI 322: Sociology of Mental Health

**MAJOR PROGRAM ELECTIVES**

200-level or above CRIM, HUS, PSYC, or SOCI electives	6
300-level or above HUS, PSYC, SW or SOCI electives or CRIM 350 or CRIM 390	6
<b>TOTAL MAJOR PROGRAM REQUIREMENTS</b>	<b>39</b>

**ADDITIONAL ELECTIVES**

At least 6 hours must be 300-level or above.  
 The remaining hours may be at any level.

<b>TOTAL FOR BS DEGREE</b>	<b>120</b>
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\* Students must earn “C” or better.

Coursework must include at least 30 credit hours earned in 300-level or above, of which 12 credit hours must be in the major

See 4-year major guides for recommended order in which to take courses.  
<https://www.lander.edu/academics/registrar-office/major-guides.html>

## 2024-2025 PROGRAM REQUIREMENTS

**DEGREE: BACHELOR OF SCIENCE**  
**MAJOR: PSYCHOLOGY**

Credit Hours

### GENERAL EDUCATION REQUIREMENTS

(For approved courses see General Education: [www.lander.edu/gen-ed](http://www.lander.edu/gen-ed).)

<b>A. Core Academic Skills</b> (9 hours)	3
*ENGL 101: Writing and Inquiry I	3
*ENGL 102: Writing and Inquiry II	3
Mathematics	3
<b>B. Humanities and Fine Arts</b>	6
(6 hours selected from 2 different disciplines)	
<b>C. Behavioral and Social Perspectives</b>	6
(6 hours selected from 2 different disciplines)	
<i>If you already have credit for HIST 111, do not take HIST 111R; if you already have credit for HIST 112, do not take HIST 112R; if you already have credit for POLS 101, do not take POLS 101R.</i>	
<b>D. Scientific and Mathematical Reasoning</b>	7
(7 hours selected from 2 different disciplines, 1 lab science required)	
<b>E. Founding Documents of the United States</b>	3
HIST 111R: United States History to 1877 or	
HIST 112R: United States History since 1877 or	
POLS 101R: American National Government	
<i>If you already have credit for HIST 111, do not take HIST 111R; if you already have credit for HIST 112, do not take HIST 112R; if you already have credit for POLS 101, do not take POLS 101R.</i>	
<b>F. World Cultures</b>	3
<b>G. LINK 101: Leadership, Involvement, Networking and Knowledge</b>	1
LINK 101 is required of all new transfer students who have earned less than 24 credit hours of college-level work and all first-time freshmen.	
<b>TOTAL GENERAL EDUCATION REQUIREMENTS</b>	<b>35</b>

If all of the General Education requirements are met and/or waived, and the credit hours do not add up to at least 30, the General Education requirements are not complete. If below 30, additional General Education courses from any category must be taken until the total hours add up to at least 30 hours.

### MAJOR PROGRAM CORE REQUIREMENTS

*PSYC 102: Introduction to Psychology for Majors	3
*PSYC 190: Careers in Psychology	1
*PSYC 203: Developmental Psychology	3
*PSYC 329: Quantitative and Research Skills	6
*PSYC 330: Methods and Logic of Behavioral Research	4
*PSYC 499: Senior Seminar	2

### MAJOR PROGRAM ADDITIONAL REQUIREMENTS

Experiential Learning (choose one of the following courses)	1
HUS 299: Human Services Fieldwork	
PSYC 220: Instructional Mentorship	
PSYC 221: Undergraduate Research	

PSYC 299: Psychological Fieldwork

**MAJOR PROGRAM ELECTIVES**

100-level or above psychology courses	6
300-level or above psychology courses	12

<b>TOTAL MAJOR PROGRAM REQUIREMENTS</b>	<b>38</b>
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**ADDITIONAL ELECTIVES**

47

At least 6 credit hours may need to be 300-level or above.

The remaining 41 hours may be 100-level or above

<b>TOTAL FOR BS DEGREE</b>	<b>120</b>
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\* Students must earn “C” or better.

Coursework must include at least 30 credit hours earned at 300-level or above, of which 12 credit hours must be in the major.

See 4-year major guides for recommended order in which to take courses.

<https://www.lander.edu/academics/registrars-office/major-guides.html>